

Single-handed Standards

RULES: IDPA

COURSE DESIGNER: Lin Edwards

START POSITION: Facing downrange, hands at sides, weapon loaded with only 6 rounds.

SCENARIO: Standards exercise to test one-handed shooting skills.

STAGE PROCEDURE: With **strong hand only**, engage 2 targets on strong hand side of barricade with **3 rounds each**; perform empty gun reload using both hands, transfer gun to weak hand and engage 2 targets on weak hand side of barricade with **3 rounds each**, using **weak hand only**. Any make-up shots must be made with the appropriate hand.

SCORING: Vickers Count
RD COUNT: 12 minimum
TARGETS: 4 IDPA
TARGET DISTANCE: 7 yards
SCORED HITS: Best 3 on paper
START-STOP: Audible – Last shot
PENALTIES: As per IDPA rules
CONCEALED CARRY: Not Required
SPECIAL NOTES: Reloads may be done using both hands.

